

## 6 Facts To Know About Breast Augmentation Surgery

*Do you wish to transform your B cups into D cups size breasts to feel confident and comfortable with your figure?*

Breast augmentation surgery also medically referred to as augmentation mammoplasty, is a cosmetic surgery designed to increase the breast size. When done by a skilled plastic surgeon, it is a safe and effective approach to restoring breast volume after weight loss or pregnancy and can help women have rounder breast shapes or symmetrical breasts. In this surgery, the surgeon either carries out autologous fat transfer or places silicone or saline-filled implants under the chest muscles or breast tissue to improve the breast's appearance. The most advanced and safe [Breast Augmentation Surgery in Delhi](#) is performed at Aestiva Clinic by Dr. Mrinalini Sharma and she has helped many females to get the desired shape with best surgery outcomes.

However, before opting for breast augmentation, here are 6 important facts about this surgery that one must be aware of.

### 1. Breast augmentation surgery does not correct sagging breasts.

If one is concerned about their severely drooping breasts, breast augmentation won't help, instead a breast lift surgery in combination with breast augmentation can help your breasts appear lifted and fuller. At Aestiva Clinic, all types of breast cosmetic surgeries in Delhi are performed. To know more book a visit today!

### 2. The result of breast augmentation is not the same for all.

Everyone is unique; the breasts and tissues of two women can never be alike. This is why the results achieved from breast augmentation surgery differ for every patient, depending upon several factors such as breast skin condition, breast size, age, the type of implants to be placed, and the purpose/needs of the patients or their desired look.

### 3. Augmented breasts look natural and appealing.

If breast augmentation surgery is performed carefully by skilled and well-experienced plastic surgeons, the breasts would surely look natural and aesthetically pleasing to others. This is possible when the surgeon makes use of proper implant material, method of implant placement,

chooses realistic breast size, and precisely positions the implants or transferred fat.

#### **4. Bigger breasts are not necessarily better.**

Although, every breast augmentation surgery's main goal is to enlarge the breasts but bigger breasts are not always better. Every breast can accommodate a maximum volume. If gone beyond, i.e. when chosen implants are way too big, there is a higher risk of having long-term health consequences and undesirable results. With age, larger breasts tend to sag and may need to be operated on in the future. Therefore, the patients must go for that size of the breast implant which is determined and advised by their plastic surgeon based on their age, available breast tissue, and body type. It is always recommended to go for a target breast size that is proportional to the rest of the body and fits the personal lifestyle. For more information about [Breast Implant Cost In Delhi](#), consult the expert breast cosmetic surgeon, Dr. Mrinalini Sharma at Aestiva Clinic.

#### **5. Breast implants are not everlasting.**

Breast implants are medical prostheses that are surgically inserted in a pocket created either behind or in front of the pectoral muscles (outer chest wall muscles) and then centered behind the nipples. They are not meant to last lifelong. With age, the implants become more susceptible to rippling and/or rupturing. Thus, it is important to check for breast implants and plan to upgrade ahead in life to maintain the optimal breast appearance and reduce the likelihood of having any complications.

#### **6. Patient will require some time to recover.**

Typically, patients resume their normal daily routine activities in a week following the surgery unless they are not vigorous. Immediately after the surgery, the breasts look slightly swollen and positioned a little higher than usual. The patients may have to wait anywhere from a few weeks to months for their breasts to settle- i.e. look more natural and softer. Every patient must ensure that post-operative instructions given by their plastic surgeon are followed to allow quick healing and prevent any complications.

For more information about breast augmentation surgery, schedule a visit at Aestiva Clinic, one of the **best cosmetic and plastic surgery clinic in Delhi**.